STEEL COUNTER BALANCED BASE

ANTI-RIP COVER

The LOT Rebound Punching Bag is a Fantastic Rebounding Training Partner Designed for Boxing, Cardio, Fitness, Body Strength and Martial Arts Training

The free standing LOT Rebound Punching Bag returns to standing position after being knocked down and really delivers on mobility and practicality. Uniquely designed to rebound perfectly when punched and kicked

FEATURES INCLUDE

Striking area is made from a high rebound memory foam with a poly-canvas anti-rip cover for excellent shock absorption and durability.

Flexible construction allows quick rebound for improving technique and agility.

Engineered with a unique steel counter balanced base that delivers stability for forceful punches and kicks.

Perfect substitute for a training partner and is unparalleled for improving strength, cardio fitness, reflexes and balance.

Excellent stability, ideal for combination drills and allows users to perfect their reaction and technique for moving targets.

Great for large groups as participants can line up and practice moves without having to reset pads in between users.

TECHNICAL SPECIFICATIONS	
USAGE	Domestic
STRIKING SURFACE	Heavy Duty Anti-Rip Poly-Canvas High Rebound Memory Foam
BASE	42kg Cast Iron Base
FUNCTION	Boxing and MMA Training
DIMENSIONS	42 cm x 42 cm x 165 cm
WARRANTY	12 Months