

impulse

RU500

UPRIGHT BIKE

Energy Saving Self Generation System

Equipped with its own self-generating power supply with a maximum of 350w of power, the RU500 saves energy costs for both gyms and personal users. The Impulse RU500 commercial upright bike is the ideal choice for a top quality, commercial grade bike which is also great value for money.

Multiple Readout Display

The console displays multiple readouts to let the user track progress and comes with 11 preset programs (+1 manual program). 20 Resistance levels create challenging and fun workouts for any age or fitness level.

Durable, Hard Wearing Frame

Treated with a 2 step powder coating and rust-resistant undercoat, the durable, hard-wearing frame provides years of reliable use. The handle bars feature 3 riding positions. The RU500 has been installed in countless gyms and fitness studios with an unparalleled record for reliability usage in these sites.

Telemetry and Hand Grip Sensors

Monitor your heart rate to stay in your best training zone for fitness and weight loss goals.

Ergonomically Designed Seat

On top of the great build quality, the RU500 seat provides outstanding comfort as well as 3 handle positions with integrated button controls so users can quickly and easily adjust resistance to suit their fitness level.



Usage	Home or Commercial, Commercial Grade
Resistance	20 Levels of Self Powered Hybrid Brake
Frame	2 Step Powder Coating with Rust Resistant Undercoat
Crank	3 Piece - Large
Pedals	Single Sided - Weighted
Seat Adjustment	Height Adjust Push Pin Knob
Fly Wheel	8 Kg - Rear
Console Type	7 windows + Dot Matrix backlit LCD
Hand Pulse	Contact Heart Rate System and Standard Telemetry
Programs	11 User Programs + 1 Manual Program
Read Outs	Time, Distance, Speed, Incline, Calories, Pulse, Watts
Manoeuvrability	Integrated Transportation Wheels
Other Features	Energy Saving Self Generation System Single Sided Weighted Pedal Contact and Telemetry Heart Rate Cup Holder
Dimensions	L 109cm x W 66cm x H 149cm
Maximum User Weight	160kg
Warranty	7 yr - Frame 2 yr - Parts and Electrical

