

impulse

RR500

RECUMBENT BIKE

Energy Saving Self Generation System

Equipped with its own self-generating power supply with a maximum of 350w of power, the RR500 saves energy costs for both gyms and personal users. The Impulse RR500 commercial recumbent bike is a great low impact exercise bike with 11 different workout options, 20 resistance levels and a 7 window dot matrix backlit LCD console.

11 Pre-Programmed Workouts and 20 Resistance Levels

The console displays multiple readouts allow users to train at an intensity appropriate for their individual fitness levels. The RR500 console provides detailed feedback and heart rate information via the LCD screens.

Durable, Hard Wearing Frame and Seat

Treated with a 2 step powder coating and rust resistant undercoat, the durable, hard wearing frame provides years of reliable use. A hollowed out seat enhances air flow and allows quick and easy seat adjustment on and off the bike. The comfortable seat design with colour coded adjustment makes the RR500 safe and accessible for all users.

Telemetry and Hand Grip Sensors

Monitor your heart rate to stay in your best training zone for fitness and weight loss goals. Ergonomic handle bars feature 3 riding positions and contact heart rate grips, plus finger tip resistance control.

Single Sided Self Balancing Weighted Pedals

Extra wide pedals with easy to use, adjustable straps. Also with optimised Q factor which reduces force on knees and makes each pedal stroke more efficient.



Usage	Home or Commercial, Commercial Grade
Resistance	20 Levels of Self Powered Hybrid Brake
Frame	2 Step Powder Coating with Rust Resistant Undercoat
Crank	Commercial Crank - Large
Pedals	Self Balancing
Seat Adjustment	Along Rail
Fly Wheel	Front
Console Type	7 windows + Dot Matrix LCD
Hand Pulse	Contact Heart Rate System and Standard Telemetry
Programs	11 User Programs + 1 Manual Program
Read Outs	Time, Distance, Speed, Incline, Calories, Pulse, Watts
Manoeuvrability	Integrated Transportation Wheels
Other Features	Energy Saving Self Generation System Single Sided Weighted Pedal Contact and Telemetry Heart Rate Cup Holder
Dimensions	L 165cm x W 65cm x H 137cm
Maximum User Weight	160kg
Warranty	7 yr - Frame 2 yr - Parts and Electrical

