

OSPI 25 SIERRA SPIN BIKE



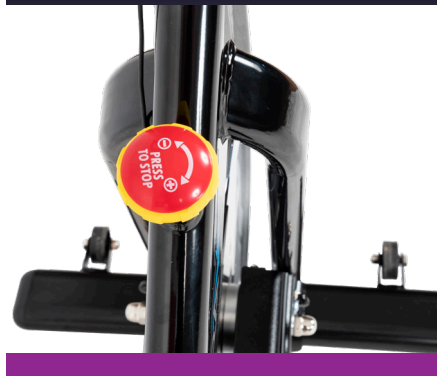
FORE/AFT ADJUSTABLE SEAT



DYNAMICALLY BALANCED FLYWHEEL



MANUAL RESISTANCE DIAL



LCD MONITOR TO TRACK WORKOUTS



The Sierra Spin Bike is the latest in our range of HIIT spin exercise bikes and offers a health club workout at home 24/7.

18KG DYNAMICALLY BALANCED FLYWHEEL

The 18kg dynamically balanced fly wheel ensures constant momentum while under heavy resistance. Combined with the smooth, adjustable resistance you can easily transition between high and low intervals and achieve your fitness goals quicker.

MANUAL RESISTANCE DIAL WITH PUSH DOWN EMERGENCY STOP

Customise your resistance with ease. There are no limits to how easy or hard you make it. A couple of quick turns and you're riding up a hill. Need to stop quickly? Just press the emergency stop.

LCD MONITOR FOR TRACKING WORKOUTS

Track your progress with a built in performance monitor featuring: Time, Calories, Speed and Distance. Also you can set a timer for your intervals.

TECHNICAL SPECIFICATIONS

Usage	Domestic
Resistance Type	Manual
Crank	3 piece
Pedals	Aluminium with toe cage
Seat Adjustment	8 x Vertical 3 x Horizontal
Fly Wheel	18kg
Console Type	LCD Monitor
Portability	Front transport wheels
Handlebars	2 way adjustable
Dimensions (cm)	40cm x 22cm x 50cm
Max. User Weight	125kg

CONSOLE DISPLAY FEATURES

DISTANCE	✓	SPEED	✓	TIME	✓
CALORIES	✓	R.P.M		PULSE	