

# Seated Row Machine

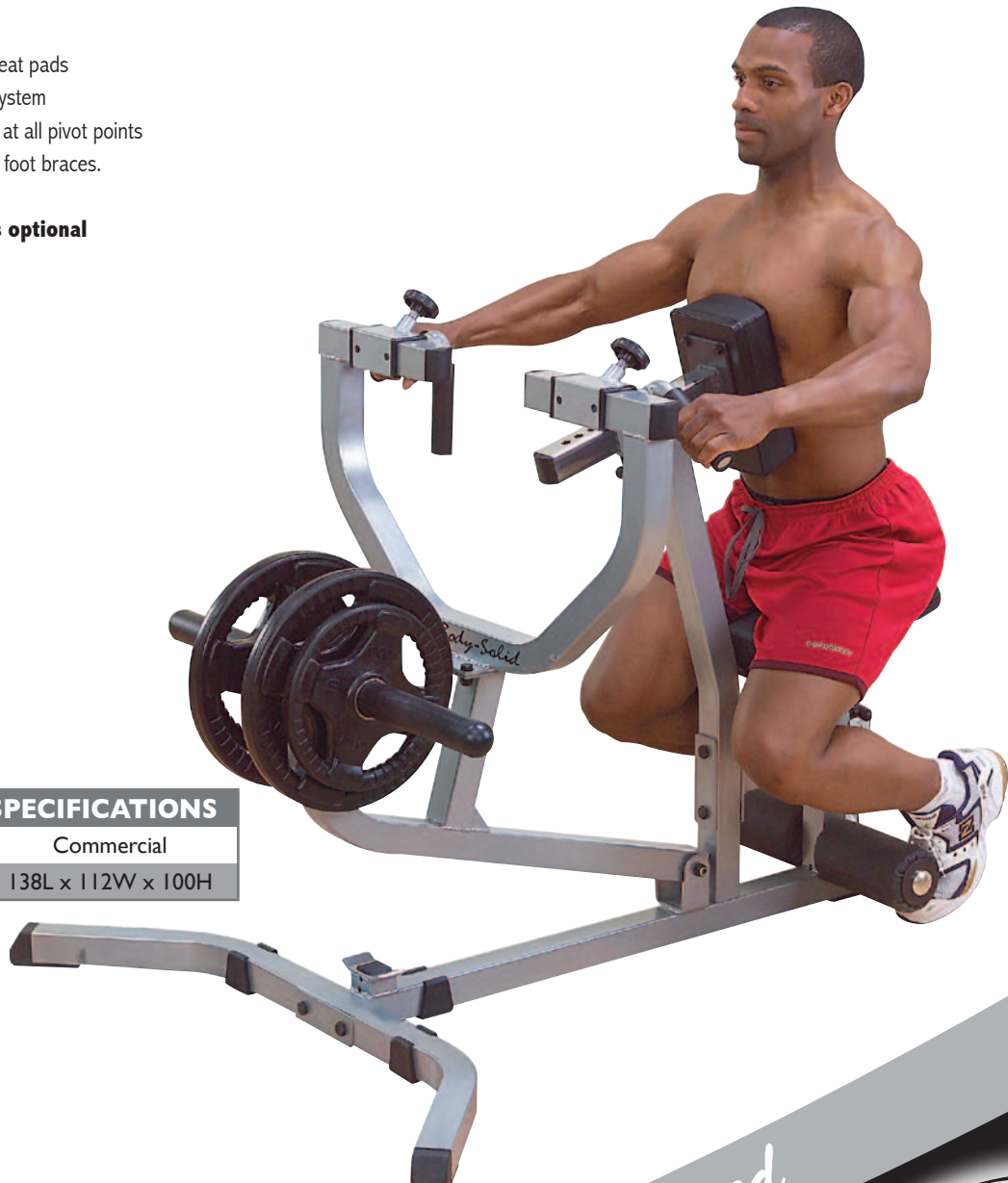
singleSTATION - **UPPER**body

## FEATURES

This is the tool of the trade for building depth in the middle back and training the hard to reach lower lats. Our uniquely designed Seated Row Machine is fully adjustable to fit all size users. The extra-thick DuraFirm™ seat and chest pads position you for maximum pre-stretch which is crucial for deep muscle penetration and full range-of-motion. Four-way handgrips widen or narrow to target resistance to the middle back resulting in accelerated muscle gains.

- DuraFirm™ chest and seat pads
- Easy access plate load system
- Oil-lite bronze bushings at all pivot points
- Extra-thick foam padded foot braces.

**Weight plates and collars optional**



### TECHNICAL SPECIFICATIONS

Usage	Commercial
Dimensions (cm)	138L x 112W x 100H

*Get fit ... get Orbit Equipped*



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