

## Flat to Incline Bench

### FEATURES

The quick-change safety pull pin allows multiple angle back pad adjustment from flat to an exact 90° angle. Featuring full-length steel reinforced back and seat pads that provide double incline adjustments, it's perfect for a variety of barbell and dumbbell exercises. If you are serious about training, this is the one for you

- Commercial 50 x 75mm heavy gauge steel mainframe
- Glide & Lock seat and back pad adjustment system
- Adjusts from flat to 90° in 9 positions with convenient one-touch pop-pin
- Full 50mm thick DuraFirm seat and back pads
- Height to pad –flat position 48cm
- Back pad 24cm wide



#### TECHNICAL SPECIFICATIONS

Usage	Commercial /Home
Dimensions (cm)	132L x 53W x48H

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