

Cable Crossover Machine

singleSTATION - TOTALbody

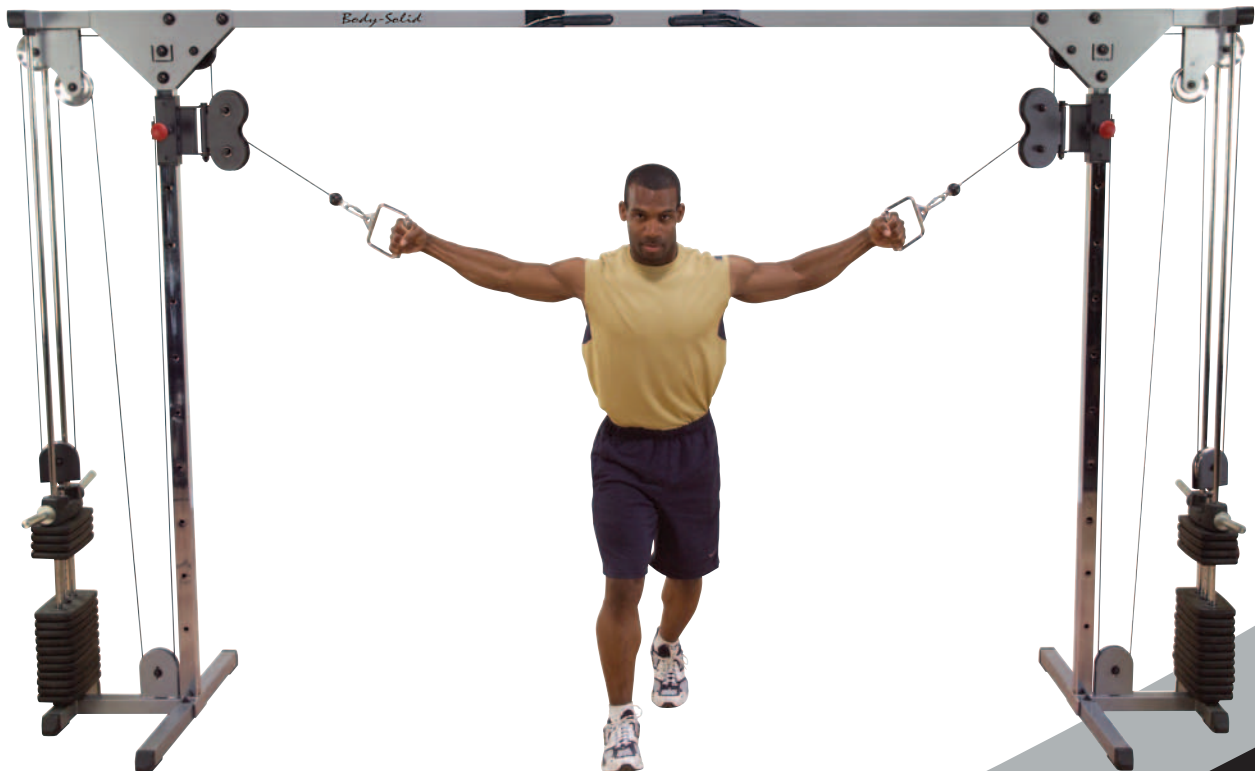
FEATURES

There is no better way to achieve total body conditioning than with this strong performer The BodySolid Selectorized Cable Crossover. The trustworthy design lets you exercise virtually every major muscle group in your body. The wide & tall design has ten-position vertically adjustable pulleys provide an endless array of High, Mid, and Low Pulley exercises. Fully adjustable pulleys swivel through a 180° range of movement, providing frictionless resistance in all directions.

Your workout options become unlimited when you invest in one of the most versatile and functional Cable Crossover machines manufactured today. The professional carriage system of the Body-Solid GCCO150 Cable Crossover utilizes patented nylon bushing technology and eight sealed ball bearing, high resin pulleys.

- Commercial 50mm x 75mm heavy-gauge steel frame with all-4-side welded construction.
- Fully adjustable for any size user, the recumbent DuraFirm™ back pad with hold-down grips can be set to 3 upright positions and 2 supinated positions for traditional leg curls.
- Hold down grips on both back and thigh pads for support and stability.
- DuraFirm™ pads are extra-thick and double stitched for comfort and support.
- Oversized 20cm foam rollers pop-pin adjust both vertically and horizontally for a proper fit.
- Wide base eliminates rocking for a solid leg workout.
- Optional Extra WCA2 Chin up attachment

TECHNICAL SPECIFICATIONS	
Usage	Commercial
Dimensions (cm)	226L x 145W x 158H
Weight Stack	2 x68kg



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