

Pro-Style Ab Board

FEATURES

This adjustable Abdominal Board is a suitable fitness studios, home gyms and health clubs everywhere. Centered on a telescoping 50 x 50mm steel beam, our Pro-Style Ab Board adjusts to 12 positions for increased or decreased difficulty when doing sit-ups or crunches. Featuring an extra wide, extra thick double-stitched DuraFirm pad and oversize 20cm foam rollers.

- 12 adjustment levels.
- Extra-wide DuraFirm™ back pad.
- Incredibly effective in isolating the entire abdominal region.
- Exceptional upper back and head support maintain proper body alignment.
- Unique design provides easy entry and exit.
- Oversize 20cm Foam Rollers for comfort and stability.



TECHNICAL SPECIFICATIONS

Usage	Commercial
Dimensions (cm)	137L x 61W x 132H

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