

Bi-Angular Multi-Gym

multiSTATION - TOTALbody

(FPS

FEATURES

This multi-station workhorse provides health club quality strength training for up to three people simultaneously (with optional GKR9).

The G9S features a multi-function Press Arm Station for bench press, incline press, shoulder press and chest supported mid row exercises. The Perfect Pec[™] Station with fully adjustable range of motion allows users to achieve deeper muscle penetration for faster, more defined results. The Leg Press/ Calf Press Station operates on a 2 to 1 weight ratio giving the G9S the awesome capacity of a 190kg leg press!

The non-slip, rubber encased foot plate is constructed of heavy-gauge steel for safe operation during the most intense workouts. (Shown with optional aluminum pulleys.)

- Traditional press bar is biomechanically designed for maximum chest concentration and outstanding muscle development.
- Leg developer station features the SmoothGlide Bearing System™ with biomechanically accurate pivot point and integrated CAM to prevent resistance drop-off at the end of the exercise movement. This provides consistent resistance throughout full range of motion.
- Perfect Pec[™] station features range of motion adjustment that allows beginning stretch preference.
- Self-aligning, contoured leg extension cuffs automatically adjust throughout the exercise movement.
- Telescoping, chrome plated, gas-assist adjustable seat posts for quick, smooth adjustment and proper body positioning.
- 1000kg. tension strength, military spec, steel aircraft cables with swiveling ends provide durability and low maintenance.
- High-density, top grade DuraFirm[™] pads with lumbar support provide ultimate comfort and prevent lower back strain.
- Two 95kg selectorized weight stacks.
- 110mm pulleys are impact resistant fiberglass reinforced nylon with precision machined steel ball bearings.
- 50 x 100mm, 11-gauge mainframe construction assures maximum strength, function and durability,
- Tough, durable, electrostatically applied powder coat finish.
- Includes Leg Press / Calf Press station with 2:1 ratio for maximum resistance of 190kg.
- Includes revolving lat bar, revolving straight bar, ankle strap, ab/triceps strap, Total Body Workout™ DVD, full size exercise chart and convenient water bottle and towel holder.

TECHNICAL SPECIFICATIONS	
Usage	Commercial
Dimensions (cm)	226L x 193W x 120H
Weight Stack	95kg (x2)



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