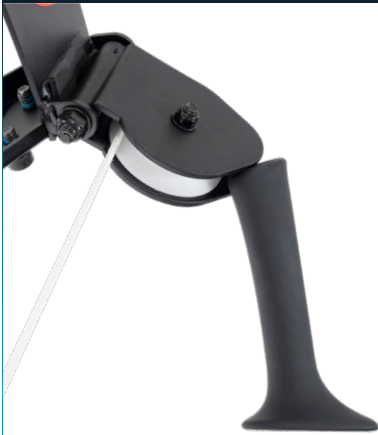


# ERGOSKI 3.0 AIRFORCE PRO SKI TRAINER



## ERGONOMIC HANDLES



## 9 LEVEL FAN RESISTANCE SYSTEM



## BACK-LIT LCD MONITOR



*The ErgoSki 3.0 Self Generating Ski Machine / Ergometer Develops Strength and Endurance, and Works Legs, Core and Upper Body. Can be used for both double pole and alternating arm technique.*

### PATENTED FAN RESISTANCE SYSTEM

Quick, easy adjustment with 10 levels of air resistance which responds to your effort on every pull, so the user is in full control of their exertion and resistance.

### BACK-LIT LCD MONITOR - SELF GENERATING POWER

As well as being durable and well built, the ErgoSki 3.0 has an advanced sports monitor with 8 programs and all readouts. Self generating power with back up batteries. Heart rate receiver built in allowing remote telemetry connection with a variety of heart rate belts, watches and chest straps.

### ERGONOMIC HANDLES

The ergonomically designed handles are strapless with a lip at the bottom to provide a secure, non slip grip.

### BUILT TO LAST

The commercial quality main frame is constructed with thick, high tensile steel to withstand the toughest workout environments. Black powdercoat finish with red trim delivers a powerful look to complement it's powerful performance.

### SUITS ALL FITNESS LEVELS

Engineered with high tensile steel, the ErgoSki 3.0 is great for the beginner to get into top shape through to elite cross-country skiers looking to power up their pole strength.

## TECHNICAL SPECIFICATIONS

<b>Usage</b>	Domestic and Commercial
<b>Resistance Type</b>	Air
<b>Resistance Levels</b>	10 Levels Air Resistance
<b>Foot Plate</b>	MDF Platform with Rubber Grip
<b>Pulse</b>	Wireless Heart Rate Compatible Telemetry Enabled
<b>Handle</b>	Ergonomic Non-Slip
<b>Console Type</b>	Back Lit LCD Monitor
<b>Portability</b>	Transport Wheels
<b>Dimensions</b>	126 cm x 59 cm x 219 cm
<b>Max. User Weight</b>	150kg

## CONSOLE DISPLAY FEATURES

<b>DISTANCE</b>	✓	<b>SPEED</b>	✓	<b>TIME</b>	✓
<b>CALORIES</b>	✓	<b>STROKES</b>	✓	<b>WATTS</b>	✓
<b>PULSE</b>	✓	<b>CYCLE</b>	✓	<b>PROGRAMS</b>	8