



## Encore ECU7 Upright Exercise Bike

### Key Features

- Includes 2 x bottle holders, a phone holder and a reading rack.
- Large pedals feature a grippy texture and an adjustable strap
- Multi-grip handle bars with heart rate contact sensors & rapid speed and incline controls
- Self-generated brake system and power supply.
- 7 pre-set workout programs, 3 goal programs, 1 user defined program and 3 heart rate controlled programs

Warranty	
Frame	7 Years
Display PCB	2 Years
Key Pad	1 Year
Motor Controller	2 Years
Durable Wear Parts	1 Year
Treadmill AC Motor	3 Years
Treadmill DC Motor	1 Year

### Specification

SKU	IF-ECU7
Accessories	2 x bottle/accessory holders, a phone holder and a reading rack
Adjustable	Seat - 13 increments
Display	6 window LED & DOT matrix display
Feedback	Speed, Time, Calorie, RPM, Distance, Heart Rate, Resistance
Pedals	Large textured pedals offer secure grip. Show straps keep feet in place.
Brake	Self-generating brake system (allows "free-wheeling")
Resistance Levels	20 (300Watt brake power)
Handlebars	Two position options, both with heart rate contact sensors and one with elbow rests
Workouts	7 Presets, 3 Heart Rate, 3 Goal, 1 User Defined, Quickstart, Cooldown
Heart Rate Monitor	Yes
Electrical Requirement	Self Powered
Has wheels	Yes
Dimensions	1140 x 635 x 1480mm
Weight	67.4kg
Maximum User Weight	160kg
Handle Bar Controls	3 riding positions with contact heart rate resistance
Heart Rate	Contact and Telemetry

