

Pec & Rear Delt Machine

singleSTATION - UPPERbody

FEATURES



Developing a lean, muscular chest is an integral part of every weight training routine, and sculpting a full, balanced chest requires a wide array of movements that target muscles from a variety of angles.

Body-Solid's ProDual Pec/Delt Machine's dual overhead variable resistance cams allow each arm to operate independently, providing unilateral and bilateral chest, back and shoulder conditioning.

The ProDual Pec/Delt Machine features uniquely designed articulating pec arms to provide optimal; pectoral & rear deltoid development & has independent range of motion adjustments to accommodate users of all sizes.

With gracefully curved frames constructed from sleek, power-coated tubing that exhibits a modern, design-forward aesthetic, the Pro•Dual Pec/Delt Machine builds form into function and value into a superior modular strength training system.

- Independent arms with 5 adjustable starting positions enable users greater range of motion as well as both unilateral and bilateral arm movements.
- Extra-long 360 degree rotating handles self adjust to the users path of motion for both pec & rear delt exercises.
- Easy, 5-position gas-assisted seat adjustment puts users of any size in proper position.
- Works as a modular component on the Pro Dual 3-Stack and 4-Stack Gyms.



TECHNICAL SPECIFICATIONS

Usage	Commercial
Dimensions (cm)	145L x 86W x 173H
Weight Stack	90kg
Optional	136kg weight stack

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