

Inner & Outer Thigh Machine

*single*STATION - **LOWER**body

FEATURES

Body-Solid Pro Dual Inner Thigh/Outer Thigh Machine

Effective thigh workouts require a biomechanically correct machine to keep backs, butts and knees where they belong in order to isolate the targeted area and achieve optimum results.

Body-Solid's Pro•Dual Inner Thigh/Outer Thigh Machine features a pop-in cam adjustment to users to select their own starting positional and range of motion. Four sealed, pillow-block ball bearing systems provide a smooth inner thigh and hip concentration.

The biomechanically accurate foot posts and ergonomically correct bent-knee design angled seat eliminates lower back stress. Users face forward towards the weight stack, providing easy access. The ProDual Inner Thigh/Outer Thigh Machine also has no-slip handgrips to assure user stability when exercising.

With gracefully curved frames constructed from sleek, power-coated tubing that exhibits a modern, design forward aesthetic, the Body-Solid Pro•Dual Inner Thigh/Outer Thigh Machine builds form into function and value into a superior modular strength training system.

- Ergonomically correct forward-facing weight stack provides easy resistance adjustments and user privacy.
- Extra large rotating kneepads provide comfort and support during both the inner and outer thigh movements.
- 9-position seat back adjustments and dual, non-skid foot posts are designed to accommodate users of all sizes.
- Easy to reach pop-pin leg adjustments provide users a greater range of motion.
- Works as a modular component on the ProDual 3-Stack & 4-Stack Gyms.
- Tough, durable, electrostatically applied powder coat finish.



TECHNICAL SPECIFICATIONS

Usage	Commercial
Dimensions (cm)	191L x 104W x 158H
Weight Stack	90kg
Optional	136kg weight stack

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