

AirDyne™



**SCHWINN**

**AD6 FAN BIKE**



**REVMETER™**

Track the intensity of your workout via the the 10-100 RPM readout, in prime position at the top of the console display. Using the RevMeter is a great way to follow your HIIT program.

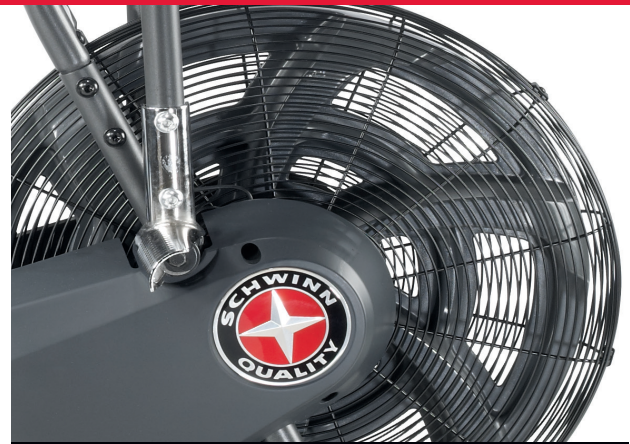
Resistance	High-strength, ABS plastic fan with infinite resistance
Drive Systems	Dual-stage super-torque drive belts
Crank	3 piece alloy crank
Pedals	Oversized pedals with toe strap
Seat	Extra-padded, anatomically designed
Console	User friendly LCD display console
Batteries	2 x AA Batteries required for console not included
Heart Rate	Contact & Telemetry Enabled
Portability	2 Front Transport wheels
Read Outs	RevMeter™ RPM Time Speed Distance Watts Calories Pulse
Dimensions (cm)	L108cm x W64cm x H130cm (x 60kg)
Max. User Weight	136kg
Warranty	10yr frame, 2yr mechanical/electrical 12mth Labour



# SCHWINN

## AD6 FAN BIKE

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### High Strength ABS Fan

#### UNLIMITED RESISTANCE

The resistance is directly proportional to the energy put in. Put simply, the harder you work and the faster you pedal, the more it resists. It is impossible to outgrow this machine, the stronger you get the more resistance you unlock. From beginner to elite athlete, the AirDyne will be along for the ride.

#### KEY FEATURES

- High-strength, quieter frictionless ABS fan
- Infinite resistance levels
- Extra-padded, anatomically designed seat
- Dual-stage super-torque drive belts
- High resolution LCD Display with continuously visible metrics
- Self-balancing pedals for greater motion control

#### COMFORT AND ERGONOMICS

Exercise for longer, in comfort on the deluxe, oversized, extra padded seat. Attached with sturdy steel, the height and position are both fully adjustable. Combined with the pedals, which have foot straps. These can be adjusted easily to fit your feet. You can lock yourself in confident that you are safely and comfortably working toward your goals.

#### FULL BODY OPTIONS

The AD6 gives you multiple targeting options. Just Legs, Just arms or both. The conveniently located chrome foot pegs allow you to rest your legs and just target your arms, variable grips help you target specific muscle groups. Sturdy foot plate mounted in the body to the front of the seat allows for safe mount/dismount. A great all round machine for strength, cardio and core.



### LCD Console

#### REVMETER™ AND MORE...

Not only does the console have the RevMeter™ perfect to follow your HIIT program, it also features another 6 readouts simultaneously. No flipping between modes to check different stats. The console is battery powered (2xAA not included) which lets you set it up anywhere without the need for a power chord.

#### READ OUTS:

RevMeter™ RPM/ Time/ Speed/ Distance/  
Watts/ Calories/ Pulse