

OBB016 ADJUSTABLE BENCH PRESS



WEIGHT STORAGE

Convenient Integrated standard weight plate and Barbell storage. Keep everything you need on the unit. Barbells and Weight Plates SOLD SEPARATELY.



COMBINED PREACHER CURL / LEG DEVELOPER

Leg developer works with Standard weight plates. Simply attach the Preacher Curl Pad and, with the hinging handle bars, use the same weights on the preacher curl as the leg developer weights.



BACKREST INCLINE

Bench has 4 backrest pad positions and 2 seat positions. Adjust position by Changing the Back Rail position, which slot into place and have locator pins to ensure they safely stay in position. You can arrange the bench into an incline, decline, or flat position. Custom Backrest shape eliminates interference.



INCLUDED ADJUSTABLE PREACHER PAD

Adjustable preacher pad height and various leg pad holes with different backrest angles meets all of your body's exercise demands. This is useful not only for weight lifting workouts but also for manual, equipment-free exercises, like sit ups or ab crunches.

TECHNICAL SPECIFICATIONS

Usage	Domestic
Dimensions	L 225cm x W 140cm x H 130cm
Max Load	200kg (weight of user plus weights)