OBB-FID-3 FLAT / INCLINE / DECLINE BENCH







The double stitched, padded seat and backrest provide maximum comfort without sacrificing durability. Seat can be flat or adjusted to 2 levels of incline.



STRONG, STURDY AND DURABLE

This bench is heavy duty steel with continuous welds on the frame and heavy duty bolts to promote stability and strength.

Now with integrated Transport wheels.



8 INCLINE LEVELS

The OBB-FID-3 has 8 separate pin hole adjustments that gives the bench a great variety of exercises, with multiple incline, decline, flat and 90 degrees.



OPTIONAL LEG DEVELOPEROBB-FID-3L



OPTIONAL PREACHER CURLOBB-FID-3A

TECHNICAL SPECIFICATIONS	
Usage	Domestic
Dimensions	L 165cm x W 50.5cm x H 52cm (Flat)
Max Load	225kg (weight of user plus weights)