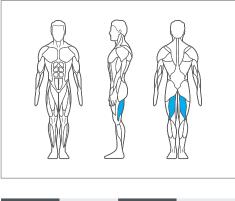


## 565H Strength Prone Leg Curl





Length	1474 mm	Width	965 mm
Height	1345 mm	Weight	285 kg

## DESCRIPTION

The Pulse Fitness Prone leg curl provides a fluid, smooth movement targeting the glutes, hamstrings, calves and lower back.



2.5kg Incremental weight stack

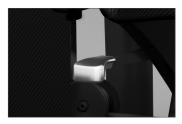
PRODUCT FEATURES



Universal belt driven design



Instructional placards



Aluminium touch points

Converging axis for natural movement		Large, easy-grip weight selector pin	
Adjustable or interchangeable hand grips		Easy-read instruction placards	
Multiple grip positions	-	Neoprene handles with aluminium rings	
Multiple start positions		Low profile design	
Single hand start position adjustment lever		Fully enclosed weight stack	
Counterbalanced weight	-	Steel-reinforced belt and pulley system	
Variable resistance cam		Anti-slip belt clamps	
Seat with modular back support		Floor fixing points	
Comfort contour seat		IFI Stage 2 accredited	
Adjustable back support		PulseMove compatible	
Single hand swing-away seat		7" High contrast colour display	
Gas-assisted seat position adjustment		Optimal workout tempo monitor	
Dual footrests		Range of motion monitor	
Variable height pivotal pulley		Rep. counter with target display	
100kg weight stack (minimum start weight 5kg)		Set counter with target display	
200kg weight stack		Automatic weight display	0
2.5kg weight increment		Weight target display	
5kg weight increment		Adjustable rest period	
Raised iconography on key adjustments		Warranty	2 years
Colour coded adjustments	0	Standard O Optional - Not Ap	plicable