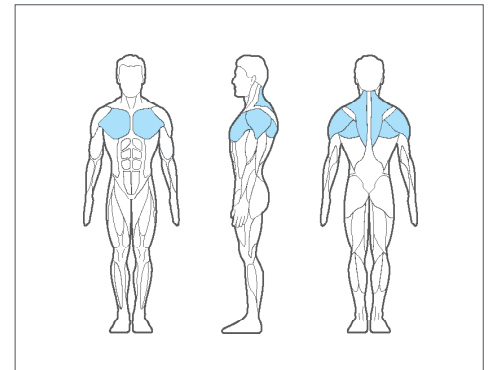


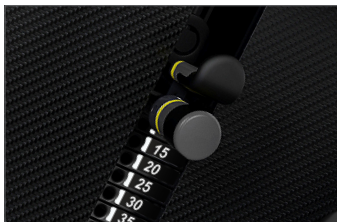
Independent Seated Row



Length	1660 mm	Width	1190 mm
Height	1720 mm	Weight	296 kg

DESCRIPTION

The Pulse Fitness independent seated row provides a well-balanced exercise. Use the arms independently or together for a natural smooth movement. This machine is easy to use and biomechanically efficient.



2.5kg Incremental weight stack



Universal belt driven design



Instructional placards



Aluminium touch points

PRODUCT FEATURES

Converging axis for natural movement	■	Large, easy-grip weight selector pin	■
Adjustable or interchangeable hand grips	■	Easy-read instruction placards	■
Multiple grip positions	■	Neoprene handles with aluminium rings	■
Multiple start positions	-	Low profile design	■
Single hand start position adjustment lever	-	Fully enclosed weight stack	■
Counterbalanced weight	■	Steel-reinforced belt and pulley system	■
Variable resistance cam	-	Anti-slip belt clamps	■
Seat with modular back support	-	Floor fixing points	■
Comfort contour seat	■	IFI Stage 2 accredited	○
Adjustable back support	■	PulseMove compatible	○
Single hand swing-away seat	■	7" High contrast colour display	○
Gas-assisted seat position adjustment	■	Optimal workout tempo monitor	○
Dual footrests	-	Range of motion monitor	○
Variable height pivotal pulley	-	Rep. counter with target display	○
100kg weight stack (minimum start weight 5kg)	■	Set counter with target display	○
200kg weight stack	-	Automatic weight display	○
2.5kg weight increment	■	Weight target display	○
5kg weight increment	-	Adjustable rest period	○
Raised iconography on key adjustments	■	Warranty	2 years
Colour coded adjustments	■		

■ Standard

○ Optional

- Not Applicable