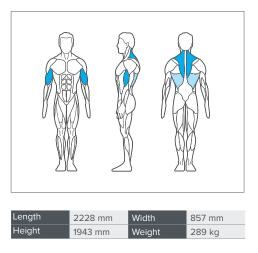


385H Pulleys Long Pull





DESCRIPTION

Simulating a rowing action, the Pulse Fitness Long Pull effectively targets the shoulders and biceps. Designed to fit the widest group of users imaginable, this machine is especially versatile.

PRODUCT FEATURES

Converging axis for natural movement	-	Large, easy-grip weight selector pin	
Adjustable or interchangeable hand grips		Easy-read instruction placards	
Multiple grip positions		Neoprene handles with aluminium rings	
Multiple start positions	-	Low profile design	
Single hand start position adjustment lever	-	Fully enclosed weight stack	
Counterbalanced weight	-	Steel-reinforced belt and pulley system	
Variable resistance cam	-	Anti-slip belt clamps	
Seat with modular back support	-	Floor fixing points	
Comfort contour seat		IFI Stage 2 accredited	0
Adjustable back support		PulseMove compatible	0
Single hand swing-away seat		7" High contrast colour display	0
Gas-assisted seat position adjustment	-	Optimal workout tempo monitor	0
Dual footrests		Range of motion monitor	0
Variable height pivotal pulley	-	Rep. counter with target display	0
100kg weight stack (minimum start weight 5kg)		Set counter with target display	0
200kg weight stack	-	Automatic weight display	0
2.5kg weight increment		Weight target display	0
5kg weight increment	-	Adjustable rest period	0
Raised iconography on key adjustments		Warranty	2 years
Colour coded adjustments		Standard O Optional - Not Applicat	