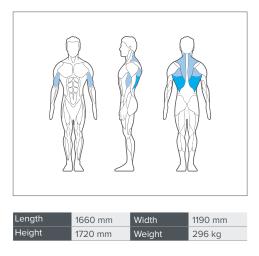


## 383H

Independent Strength

## **Independent Seated Lat Pulldown**





## DESCRIPTION

The Pulse Fitness independent seated lat pulldown provides a well-balanced exercise. Use the arms independently or together for a natural smooth movement. This machine is easy to use and biomechanically efficient.



2.5kg Incremental weight stack

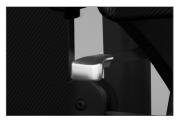
PRODUCT FEATURES



Universal belt driven design



Instructional placards



Aluminium touch points

Converging axis for natural movement		Large, easy-grip weight selector pin	
Adjustable or interchangeable hand grips	•	Easy-read instruction placards	
Multiple grip positions		Neoprene handles with aluminium rings	
Multiple start positions	-	Low profile design	
Single hand start position adjustment lever		Fully enclosed weight stack	
Counterbalanced weight		Steel-reinforced belt and pulley system	
Variable resistance cam	-	Anti-slip belt clamps	-
Seat with modular back support		Floor fixing points	
Comfort contour seat		IFI Stage 2 accredited	0
Adjustable back support		PulseMove compatible	0
Single hand swing-away seat		7" High contrast colour display	0
Gas-assisted seat position adjustment		Optimal workout tempo monitor	0
Dual footrests	-	Range of motion monitor	0
Variable height pivotal pulley	-	Rep. counter with target display	0
100kg weight stack (minimum start weight 5kg)	•	Set counter with target display	0
200kg weight stack		Automatic weight display	0
2.5kg weight increment		Weight target display	0
5kg weight increment		Adjustable rest period	0
Raised iconography on key adjustments		Warranty	2 years
Colour coded adjustments		Standard O Optional - Not Applicate	